

Impotence in younger men

Prostate trouble

Though rare in younger men, prostate trouble is a major cause of impotence in older men. Prostate problems include enlargement, swelling, blockage and cancer and you need to see a doctor if you suspect any problem. Pelvic surgery can also cause prostate damage.

How to cure impotence

The treatment of physical impotence is now sophisticated. There are several options available. If your problem is diagnosed as impotence, your doctor may suggest a range of treatments, which may include the following:

- Penile implants for older men and accident victims. The two main types are the semi-rigid rods, which give the patient half an erection all the time and the complicated inflatable devices with a small pump implanted in the scrotum and a fluid reservoir bag implanted in the abdomen or pelvis.
- The vacuum constriction device where the penis is inflated by the pump and fixed with rubber bands
- Talking treatments, which include counselling and psychotherapy.

These often work wonders on stress related impotence.

- Penile injections where patients are taught to give themselves an injection into the shaft of the penis.
- Needle-phobes where a tiny soluble pellet, which fits inside the penis opening is inserted. Like penile injections, this can produce an erection whether you are aroused or not.
- Oral drugs such as Viagra, which only works if you are turned on.
- Vascular surgery is done if there is a physical blockage to penile blood inflow and this involves an arterial by-pass graft operation in which the blockage is by-passed using a length of vein or synthetic tubing♦

of health

HOMEOPATHIC MEDICINES & ARTHRITIS / GOUT

Symptoms of Rheumatoid Arthritis

Rheumatoid Arthritis is a common debilitating disease. Before the involvement of the joint, the patient may complain of general fatigue, malaise, weight loss, difficulties while working in cold water, numbness and tingling in the hands and feet. The patient also complains of pain in the muscles and cartilages, narrowing of the joint space, raised E.S.R. Deposits of urates, which, makes joints twisted and out of shape. On the other hand, finger joints become swollen, painful and stiff on waking up in the morning.

Small joints like those of the fingers and toes are first affected and then it spreads to wrists, elbows, shoulders, temporal bones, ankles, knees and hips. Joints becomes swollen, red, shining, hot and painful.

Homeopath Dr. Narinder explains that there are many causes of the arthritis (swelling of the joints), like suppressed syphilis or gonorrhoea, tuberculosis, cold and damp conditions. Other causes are infective diseases of nose, throat, gums, kidney or digestive system and so forth. Ninety per cent of patients with this disease experience a lot of pain. The joints of the cervical spine (spondylitis) are frequently involved. Patients also experience backache with stiffness in the morning.

Homeopathic remedies for Arthritis include, Arsenicum, Benzoic acid, Bryonia, Causticum, Chamomila, Colchicum, Phytolaca, Rhus-t, Merc. etc.

GOUT is a chronic hereditary form of arthritis. It is a constitutional disease, often inherited, characterised by rapid appearance and disappearance of its acute manifestations. The major causes of gout include high living, sedentary life, use of liquors, and lead poisoning. Majority gouty persons develop degeneration of arteries, heart, kidneys or lungs. The first joint affected is the big toe. A high blood uric acid may be present. Kidney impairment, high blood pressure and deformity of joints may follow if the patient remains untreated. Gouty nodes may be present. It affects the great toe, the ankle, heel, knee, instep, wrist or hand too.

Diet

Proteins and alcohols should be stopped or reduced to a reasonable extent. Milk, vegetables, lean meat, fish, chicken, and plenty of fluids are advised.

Homeopathic remedies for gout are: Aconite, Am-Phos, Ant-C, Ledum, Picric acid, Lycopodium, Sepia, Sulphur etc.

OSTEOARTHRITIS (ARTHRITIS DEFORMANS): If a joint remains inflamed for long, its internal structure becomes disorganized; its binding chords, sheaths and bones waste in places or bones grow in other places, nodes appear which cause deformities of the joints. Hereditary, damp, exposure to cold etc. are said to be predisposing causes. Symptoms include fever, swelling of joints, crackling sound on moving the joints, wasting muscles attached to the joints and edema. Women are more affected by it than men. The

joints of the spine, the hips, the knees and the elbows are involved. The major causes are injury, heavy labor work and obesity, among others.

Homeopathic remedies for this condition are - Aconite, Bryonia, Pulsatilla, Sulphur, Cimicifuga, Urtica urens, Colchicum etc.

RHEUMATIC CHOREA (St. Vitus' Dance) : Chorea is a disease of involuntary movements in muscles, with a variable degree of psychic disturbance. Females are affected twice than the males. Major factors may be fear, anxiety, grief, depression or disturbed home surroundings. Symptoms like nervousness and emotional, clumsy in movements and dropping of objects from hands, limping or ataxia may be present.

Homeopathic remedies are - Agaricus; Arsenicum; Belladonna; Calcarea; Causticum; Ignatia; Stramonium etc.

Bacterial, viral and fungal infections are also involved in arthritis but these are rare type.

Patients are advised to consult a homeopathic physician to get the right remedy for them. Homeopathic remedies have demonstrated remarkable efficacy in clinical trials, the principles of healing have remained unchanged since the introduction of homeopathy. It evokes a sense of reliability and trust.

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