

HOMEOPATHIC MEDICINES AND BRONCHIAL ASTHMA

Asthma is a common illness that occurs in all stages of life, from infancy up to old age. It is an irritation of the pulmonary branch of the pneumogastric nerve, the irritation being accompanied by a spasm in the respiration. The symptoms include a feeling of tightness in the chest, cough and gasping for breath. An asthma attack usually sets in the later part of the night, in the evening or early morning. The patient has dry coughs or a lot of mucous in the chest. Other symptoms include sneezing followed by running nose, wheezing in the chest, bronchitis or broncho-pneumonia. Some of the fundamental causes of asthma include a history of psora (suppressed skin eruptions), sycosis (suppressed gonorrhoea poison), and symptoms of the latent syphilis in the family.

According to Doctor Narinder Singh of Homoeo Cure Clinic, so far, no worm, germ, bacteria or virus has been identified as the cause of asthma. Moreover, though asthmatic attacks can be temporarily relieved by various sedatives and antispasmodics, no curative treatment has ever been made so far under the conventional treatment.

Homeopathic medical doctors and researchers have found that two causes are needed to produce an asthmatic attack; an irritation, transmitted over a centrifugal path, and a special natural tendency in the so-called asthmatic subjects. One of these two

causes alone does not suffice to bring an attack. An attack of asthma is always a consequence and not a cause; and as we cannot cue the consequence, it is necessary to remove the cause. The causes are many. For example there are innumerable zones of irritation from head to foot that produce asthma. Thus we have asthma originating from the sensitive nerves of the skin and which is triggered by cold; in the sensitive nerves of the mucous membranes of the respiratory track (asthma from nasal polypi); because of pollen of certain grasses (hay asthma). People are allergic to different things which can cause asthmatic attack such as smoke, smell of perfumes, flowers, soap, cosmetics, milk, cheese, eggs, fish, meat, animals, pets and so on. In some cases, mental emotions such as fright, grief and anger can also cause an attack.

Homeopathic scientists have discovered that most medicines which act on the skin will also cause an asthmatic state. They have further argued that unhealthy bodies are the breeding grounds for bacteria, viruses and others that cause sickness. For example, worms will not prosper in a perfectly healthy stomach, intestines or rectum. They can only thrive in the unhealthy body. Germs only exist as a result of disease. They have never been known to exist without the disease preceding. If we therefore ignore the worm but select medicine on the totality of the symptoms of the whole body (homeopathic way), the patient will be restored to health by the constitutional treatment. A physician has to know not only the constitutional

peculiarities (symptoms) of the patient but the direct operating cause of the paroxysm, its nature, individual symptoms, hours of aggravations and ameliorations, and, in fact, the entire symptomatology of the patient, if the best results are to be hoped for.

In some cases, when a child has asthma, doctors say there is nothing to worry about because the growing child will eventually develop some immunity. On the other hand when older people suffer from shortness of breath it is attributed to old age and therefore there is no remedy. However, this is not the case in homeopathy as the treatment is there. These medicines are used in very dilute or triturated form hence they have no side effects. Steroids are never used in homeopathy.

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A wealthy but little educated woman was discussing with an architect plans for a new house. After agreeing on the plans for the main building she went on to say, 'And then, I want a nice avenue of trees.' Then she asked the architect, 'What kind should be planted that would be suitable for the benefit of our posteriors?' Replied the architect: "Oh, birches, undoubtedly!"

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