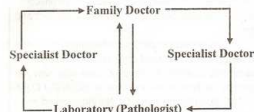


Enhancing Human Health with Homeopathic Medicines

By : Dr. Narinder S. Thethy

- * If you feel that modern medicines just mask symptoms or interfere with the body's self-healing mechanisms reach.
- * If you fear that your doctor will push you onto the treatment treadmill :



- * If you feel concerned about the fact that modern hi-tech medicine is getting out of the common man's reach.
 - * If you are weary of being treated as mere objects, disgusted by the numerous tests you are subjected to and innumerable (frequent) medicines you are made to swallow each day, you should now look for other simpler and safer therapies.
- "HOMEOPATHY" offers itself as a viable alternative.**

According to the law of homeopathy: "A medicinal substance which produces specific disease-symptom in a healthy person cures similar symptoms in a sick person". As we know, whenever a disease strikes, the body tries to defend itself. This positive internal reaction of the body can be externally perceived in the form of symptoms like cough, fever, pain etc. Fever destroys micro-organisms. It triggers the production of Interferon, an antiviral substance. It increases the mobility and activity of white blood corpuscles, which fight microbes. Mucus in the respiratory system envelops microbes and dilutes microbial toxins. Cough represents body's efforts to throw out mucus. Pain compels a person to take rest, which is necessary in illness.

Homeopathy believes that the human body is an indivisible unit. No organ or part can contract a disease or remain healthy independent of the rest of the body. So homeopathic physician prescribes a single remedy for the entire body at a given time and that too in infinitely small doses. On the other hand, allopathic (conventional medicine) system believes in disorders of single parts or organs of the body. Therefore, various "SPECIALISTS"

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have come into existence. An eye-specialist treats only the eyes; a skin-specialist treats the skin only; a heart-specialist limits himself to problems of the heart and so on. We have seen many times a patient who is simultaneously under the treatment of a number of specialist doctors for disorders of different parts of the body. The fact is, when each symptom or body-part is treated separately, large doses of different medicines are required. Powerful medicines are frequently overused and abused. This is an obvious disadvantage considering the possibility of side-effects of modern medicine. These medicines bring problems of heart, damage liver, kidneys and impair visual, auditory and sexual functions and results to throngs of malformed babies.

Conventional medicine believes that the symptoms are a part of the disease. This is why a large part of the conventional treatment is symptom relieving. For example, antipyretic medicines are given to forcibly bring down the fever; pain killers are given to drive away the pain; laxatives are given to combat constipation; antihistamine are given to dry up the running nose and so on. Such measures throttle the body's efforts to heal itself. A patient's symptoms represent the beginning of the healing process and homeopathic medicines generating similar symptoms helps carry through the healing process to cure.

In allopathic medicine, the antibiotic approach considers the microbes but ignores the soil (the human body). Homeopathy, on the other hand contends that microbes (bacteria, viruses and fungi) are not the real causes of diseases. If conditions inside the body are not favorable for their growth or activity, microbes just cannot cause any disease. These antibiotics destroys not only

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the so called "pathogenic" bacteria but also other useful bacteria present in our body (e.g., intestinal bacteria that provide us with vitamin B-12). The pathogenic microbes soon develop a "resistance" to the concerned antibiotic medicine, which then becomes ineffective. When "penicillin" came, it was believed that all infectious diseases will soon be eradicated from the surface of the earth. The picture is, however, no rosier today. In fact, it is worse. The powerful an antibiotic is, the more adverse side-effects it can produce.

To the allopaths (conventional doctors) a "side-effect" is an undesirable characteristic of the drug. But to the homeopaths, all the drug-actions are important. "Drug-symptoms" (including the side-effects) should be matched to the "patient-symptoms" to be treated with a particular drug. In this manner, homeopaths make the treatment specific to the individual. Homeopathic remedies have demonstrated remarkable efficacy in clinical trials, the principles of healing have remained unchanged since ever. It evokes a sense of reliability and trust.

All the "symptoms" of a patient are extremely important to the homeopathic doctor. For treating the disease from the root cause, "specific" remedies are selected by the homeopathic physician for each patient according to the symptoms of his whole body without relying upon the disease name. These constitutional remedies work by stimulating the body's own healing power (immune system). These remedies have anti-viral effects without having any side-effects. Remedies should be prescribed by a physician who can track the patient's progress.

In 1845, when the French Minister F. Guizot was asked by an allopathic committee of France to suppress homeopathy, he replied, "If homeopathy is a method without any value, it will disappear on its own. If it is a hoax, it will die no matter what is done towards encouragement. But if it is true, if it represents a progress, it will survive no matter what is done to suppress it. The government should desire, above all, to stimulate scientific advances and to encourage discoveries."

Homeopathic remedies are always safe, always effective. In homeopathy, a patient is treated as a whole. A patient has to disclose all his diseases and feelings from head to toes. Homeopathy is, indeed, the only available curative treatment for chronic diseases (equally effective in acute diseases) like : Anaemia; diseases of the Children; Gout; Asthma; Bronchitis; Pneumonia; Tuberculosis; Diabetes; Obesity; Stomach ulcers; Colitis; Cancer; Constipation; Diarrhoea; Amoebiasis; HIV-related diseases;

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Tiny Mustard Seed-like Medicine

I have been having bronchial-asthma since 1985. This chest disease exist in my family. Thus, I felt worried that I, too, was going to die of this disease. During this apprehensive period, use of antibiotics and inhaler (pumps) became difficult to me. I have visited so many hospitals and chest-specialists clinics, where I was diagnosed as suffering from cough-disease. My body became resistant to antibiotics and steroids.

Whenever people smoked around me, I used to faint; I could not stand any smells; I dreaded cold water and weather. A friend of mine who saw me gasping for breath and took me to HOMEO CURE CLINIC along Ngara road. Dr. Narinder asked me a series of questions. He gave me some medicines, which are very small in size, like the mustard seed. I have been taking frequent doses of big capsules, tablets and injections. I became worried, how the small sized homeopathic medicines in infrequent doses will work on me? But the doctor and my friend assured me that I would be alright.

I have spend a lot of money on different lab-tests. Nevertheless, this doctor did not ask me for any tests. I straightaway started taking medicines. The tiny homeopathic medicines were so strong on me to the extent that my negative thoughts about it began to tilt towards positivity. In few weeks of medication, my health has improved a lot. I can now drink cold water, stand smells, sleep soundly. Above all, I gained weight. My ageing face has noticed a marvelous glow; my dry skin is now better. The taste of pudding is in the eating. I am enjoying today my improved health because of homeopathic medicines.

FELIX (NAIROBI)

Gonorrhoea; Syphilis; Herpes; Impotency; Skin diseases; Headaches; Piles; Malaria; Typhoid; Sleeplessness; Fear; Anxiety; Depression; Abuse of Alcohol or narcotic drugs etc.

LADIES PROBLEMS: Pelvic inflammatory diseases (P.I.D.); Menstrual disorders; Infertility; Continuous heavy bleeding; Vaginal discharges; Thrush; Itching; Cysts / Fibroids; Dryness or painful sex; Lack of sexual desires etc.

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