

## Homeopathic medicines and female problems

**H**omeopathic medicines are given in very small quantities. This is because medicines in large quantities are lethal, in smaller quantity are inhibitive but when given in the smallest quantity (Homeopathic way) they stimulate the body's own vital force- the immune system- to cure the diseases permanently.

In Homeopathy treatment, patients in some cases are advised to have surgical operations. However, in most cases, surgical operation is avoided by use of medicines. For example this is the case when it comes to the treatment of problems such as Tonsils, Kidney Stones, Bladder Stones, Varicose Veins, Fibroids, Cysts, and Heavy bleeding from the uterus.

Due to their biological make-up, women experience a variety of problems that often lead to loss of vital organs such as the uterus in case of chronic fibroids. Homeopathy treatment has succeeded in treating many of these problems, often avoiding surgical operations. Such problems include:-

### \* Fibroids and Cysts.

These are basically tumours composed of muscular fibers or fibrous tissues. They vary in size, some as small as a pea while others are weighty. It can be single or multiple and may form inside or in the tissues of the uterus. They may be benign or malignant and could discharge blood or pus.

The homeopathic medicines for these work by dissolving the fibrous tissues. After the patient takes the medicine, the tumours dwindle gradually until eventually they are no more.

### \* Prolapsis or falling uterus.

Displacement or falling of the uterus can be caused by weak ligaments, profuse bleeding or debilitating leucorrhoea for a long time, being up and about too soon after delivery, frequent child-bearing, miscarriage, abortion, and so on.

### \* Leucorrhoea or discharges: Discharge

from uterus may occur at any period of life, from early infancy to old age. It can be caused by organic disease of the uterus. The discharge may be colourless, milky white, yellowish, light green, red or brownish, varying in consistency from watery thin to thick, tenacious, ropy substance. The major cause is bad living habits such as improper diet, excessive use of tea, coffee or stimulating food, miscarriages, ulcers in the womb and so on. The homeopathic treatment has proved effective on gradually reducing then finally stopping the discharge.

\* **Menopause.** This is the cessation of menses after the age of around 45 years. When it happens, a woman's body is beset by many problems such as headaches, dizziness, indigestion, piles, irregularity in urinary discharge, heart palpitations, nervousness, swelling of the legs, hot-flashes with sweat and general weakness among others. There are various homeopathy remedies to counter these conditions that can otherwise make life difficult for a woman who reaches menopause.

\* **Other conditions.** Homeopathy also helps to cure various other conditions that afflict women such as delayed or obstructed menstruation, early, frequent or continuous menses, painful or scanty menses, ovarian cysts, air in the vagina or uterus caused by swelling of the uterus.

A Homeopath, Dr. Narinder Singh explains that these remedies have the specific power to give prompt and perfect cure for the above-mentioned problems. He says that when these remedies are selected properly, results are almost immediate.

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