

High Blood Pressure Cured With Homeopathic Medicines

Dr. Samuel Hahnmann says "The highest ideal of therapy is to restore health rapidly, gently, permanently; to remove and destroy the whole disease in the shortest, surest, less harmful way, according to clearly comprehensible principals."

Homeopathy is a Greek word, which means, "similar suffering." It is a system of medicine to cure diseases by the use of natural substances. According to homeopathy, when medicinal substances are given to healthy people, they produce some symptoms similar to the conditions for which they are being treated. Homeopathic medicines are tested on human-beings (not on animals like - RATS). These medicines are manufactured, unlike any other medicine. They are diluted and vigorously shaken-succeeded. This process of succession is designed to arouse the DYNAMIC NATURE of the medicine which stimulates the vital forces (the energy that maintains life in the individual) of the body to cure the disease permanently in shortest time.

Dr. Samuel Hahnmann, the great founder of homeopathy, was born in Germany on 10th April, 1779. He received a degree of M.D. at the age of 24. He was a great chemist, a botanist, a mineralogist, a sanitarian and an experienced physician, in fact all around scientific man. He practised medicine as a physician, then became frustrated with the conventional medicinal techniques of his time. And after establishing the first scientific experimental principals in medicine and researching them for six years, he founded homeopathy in 1796. Homeopathy has gained enormous popularity world-wide.

Like Hippocrates 2000 years earlier, Hahnmann realized that there were two ways of treating ill health: (1) The way of opposite: a case of sleeplessness (insomnia) is treated by

giving a drug to bring on an artificial sleep. This frequently involves the use of large or regular doses of drugs, sometime which can cause side-effects or addiction.

(2) The way of similars: The Homeopathic way: is to give a patient a minute dose of a substance, which in large doses caused sleeplessness in healthy person. Surprisingly, this will enable the patient to sleep naturally.

The same homeopathic principals were applied in 1800's, when vaccination was discovered. The disease substance from the cowpox was injected into the humans to prevent smallpox. Cowpox and smallpox, two different diseases, share some similarities. This is an example of how vaccination is based on homeopathic principals.

According to a Homeopath, Doctor Narinder Singh of Homoco Cure Clinic along Ngara road says, "All the symptoms of ill health are expressions of disharmony within the whole person, and that's why it is the patient who needs treatment, not just the disease." The medicines are selected very carefully according to individual cases.

The medicinal substances are triturated or diluted a lot, to prepare high potency medicines, hence they have no side-effects. These medicines are tasteless, colorless or formless. Homeopathic remedies are derived from plants, minerals and animals. Usually, these are mixed with sugar or milk (globules) and that is why they are called 'sweet medicine'. These medicines have been standardized and are prepared by reputed firms in many countries. The remedies are based purely on the symptoms of the patient and cover all stages. They are both preventive in initial stage and also curative when the condition develops into a full-fledged disease. Thus most diseases can be aborted by proper medication.



Doctor Narinder Singh

Homeopathic remedies work by stimulating the body's own healing power to heal the body, mind and spirit. This power is very great and many complaints heal themselves unaided. But when the healing process is fully blocked or slow, the homeopathic remedy acts as a stimulus to the curative powers of the body. To provide this stimulus, your homeopathic doctor must prescribe the right remedy and the right dosage for you.

When medicinal substances are given in crude form, they cause side-effects or adverse reaction. Treatment by other systems of medicine frequently involves the use of large or regular doses of drugs, which can sometimes cause side effects or addiction. World-wide, increased public awareness for accessible and effective healthcare has meant that the demand for the alternative health care has increased dramatically towards the homeopathic medicine.

There are different homeopathic remedies for different diseases like: Depression, anxiety, fears, forgetful memory, arthritis, skin diseases, constipation, diarrhoea, men's sexual problems, heart problems, asthma, sinusitis, tonsils, headaches, liver problems, tumors, stomach ulcers, diabetes, viral infections, etc.

Women's problems like severe pain pelvic region, Pelvic

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Inflammatory Disease (P.I.D.), irregular or heavy menstruation bleeding, fibroids, ovary cysts, infertility, breast tumors, dryness or painful sex with no desire, etc are also cured.

High Blood Pressure

High blood pressure is not a disease, it is a symptom like fever. It is essential for life, and every man or woman carries some degree of blood pressure. In certain pathological stages, the Blood Pressure rises above normal figure which can be dangerous to life. Blood pressure should remain within safe limits and every effort should be made to reduce it. A drastic reduction in B.P. by drugs is fraught with grave consequences, and should, by no means be attempted. Removal of the cause to which the body reacts by increased blood pressure is, therefore, the ideal method of treatment.

Our medical researchers have known (found) millions of things in human blood and there are many more to find. So, using instruments, machines like x-rays or testing

somebody's blood, sputum, urine, stool etc is not enough to know the real cause of the disturbance in the patient. To know the patient in whole a physician has to know a patient's feelings about fears, anxiety, confusion, hatred, love, desire for weeping, sleeplessness, sudden sinking in abdomen, hysteria, delirium, suspicion, epilepsy, irritability, anger, feeling offended easily or taking everything in bad faith, lack of confidence, loneliness, impatience etc.

Main causes of Blood Pressure:

- Mental state: People who suffer from anxiety, fears or worries for many years are liable to become hypersensitive. Hyperactive individuals have restlessness, a lot of mental or physical exertion, short temper or anger.
- Food habits: Alcohols, coffee, tea, consuming meat a lot or tobacco in any form can cause high blood pressure.
- Obesity: Overeating, overweight and obese people suffer more than the thin and underweight ones.
- Hereditary factor: If the parents have high blood pressure, the children rarely escape.
- Age: Mostly found in people past the age of forty. Younger people also found suffering from hypertension, but the cause might not be the same.
- Gender: More cases are found amongst men than women.
- Kidney: Kidney problems can cause high blood pressure.
- Tortuous and hardened arteries, mostly caused by syphilis and

auto-intoxication, can cause high blood pressure.

Symptoms of Blood Pressure:

Irritability or temper, nervousness, inability to concentrate, sleeplessness, dizziness, breathing difficulties after slight exertion or walking, irregular pulse, fast audible heart-beats, pain in the heart region, numbness, frequent urination at night, noises in the ears, severe headache, pulsating pains, trembling, swelling of ankles in the evening, puffiness under the eyes in the morning, sweating a lot, cough with bloody expectoration etc are the common symptoms.

Bleeding from nose and gums is common, and is deemed beneficial. Such bleeding may be considered as safety-valve action. Hemorrhage in the brain, known as 'apoplexy', is very serious condition, which kills the patient or leaves him to the miserable existence of paralysis.

Low Blood Pressure:

General symptoms are fainting and loss of consciousness. When it is persistent, weakness, sleeplessness, headache and dizziness are common.

Homeopathic Treatment:

There are many drugs in other systems of medicines, which will reduce blood pressure temporarily or as long as the drug is used, but the effect is disastrous and death is hastened. In other systems of medicine a patient has to take medicines daily for a long time.

But in homeopathy, blood pressure is treated by removing the cause of the disease, and medicines are not given in frequent doses. Homeopathic medicines stir up the natural curative agencies or immune system of the body and helps towards a general restoration of normal health permanently as far as possible.

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LETTER FROM A PATIENT H.I.V.

Allow me to share with the world, what HOMEOPATHIC MEDICINES can do for the H.I.V. patients. I was having chronic fatigue, sore muscles, severe headaches, persistent pneumonia, vaginal discharges, and being diagnosed H.I.V. positive. Life was coming to an end. I had gone from one herbal clinic of reknown status but my problems became more with the desires to commit suicide.

I visited Dr Narinder Singh's clinic. Along with me I took my only son, 3 years old, who is also H.I.V. positive, with multiple symptoms: rashes, swollen lymph nodes, bronchitis, lack of sleep, unquenchable thirst, crying alot. Thank God that I made the right decision paying a visit to this clinic.

It's been two months since I and my son have been using these specially prepared remedies. My son is more healthier, no rashes, lymph nodes swelling is clearing, appetite and sleep is better. On my part, I have generally improved, muscles, vision, appetite is excellent. No more chest pains and headaches.

I would like to advise those out there who are H.I.V. positive to try homeopathic remedies, because I have seen they are more effective, no side-effects, its worth trying 'life is very precious.' After loosing my husband from H.I.V. scourge, I know the kind of stress I have gone through

Jane W. Iwangi
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