

Combating HIV/AIDS and Viral Diseases With Homeopathic Medicine

By: Dr Narinder (Homeopath)

My most important reason for writing this article is that AIDS is a heinous killer. And there is an entire system of alternative medicine that has been proven effective in epidemics and regular practice when orthodox medicine has failed. We know this alternate, holistic system, "HOMEOPATHY" has the best tools (medicines) available to manage AIDS, especially when coupled with sound dietary and other natural hygienic programs.

AIDS is a complex disease caused by a virus known as HTLV-III (human T-cell lymphotropic virus type-III). HTLV-III is one of a family of retroviruses associated with human diseases. The virus attacks certain cells in the human immune system, leaving patients vulnerable to "opportunistic" infections. AIDS causes a decrease in the total number of lymphocytes (immunity cells).

AIDS is usually spread by sexual contact. About 70 percent of AIDS victims have been sexually active homosexual or bisexual men. Heterosexual contacts of AIDS patients can also develop the disease. AIDS spreads more easily in anal intercourse, which often involves tearing of tissue that would allow an entry point for the virus into the blood stream. Having sex with multiple partners increases the danger dramatically. The virus can also be transmitted by transfusion of blood. Intravenous drug users are at high risk, when they share needles. The disease is not spread by casual contact with

infected persons. The incubation period for AIDS is usually several months to two and a half years but can be longer than five years. A person exposed to the virus may never develop AIDS but may be a carrier.

These tiny viruses (HIV), are now thought to number from 18 to over 130 distinct mortal forms. Part of the problems encountered in treating AIDS is that it is a viral infection. For example, colds (flu) are thought to spring from over 100 different viruses, so finding an "anti-viral" remedy that will treat all of them (viruses) has befuddled orthodox medicine. This is because "allopathy" (conventional medicine) approaches disease and their treatment by analyzing the etiology (external cause) and pathogenesis (path and progress) of sickness. Herpes is a second example, caused by 5 viruses, which in some ways is similar to retroviruses. On the other hand, Homeopathy has cure for common colds and herpes that you may never have heard about.

The HIV and AIDS related complex (ARC) is characterized by swelling and disease of lymph nodes; recurring flu symptoms; fatigue and malaise; loss of weight; loss of appetite; fever; night sweats; diarrhoea (often due to amoebiasis); in some cases an abnormal decrease of red blood platelets accompanied by haemorrhages into the skin, mucous membranes, or other organs with an unknown cause. A wide susceptibility to other bacterial, fungal or viral infections such as oral thrush; Herpes Zoster (inflamed blisters along the



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course of the skin nerves); small skin tumor, and pimples containing pus complicates the condition. The viruses also infect the brain and spinal cord and cause acute meningitis.

Dementia (an irrecoverable mental deterioration) is the most common and devastating neurological complications of AIDS. These patients may also develop spastic paraplegia (paralysis of the legs and lower part of the body), ataxia and diseases of nerves etc.

It can cause Candida albicans (yeast infections), Tuberculosis, Pneumonia, and Legionnaire's disease; Eye disease (particularly the retina); cancers like Hodgkin's disease, cancer of tongue and rectum, Kaposi's sarcoma.

Current research

Because of the complexity of the disease, the search for an effective AIDS treatment has had to move in three directions at once :-

(1). Finding and testing drugs that will stop the growth of HTLV-III.

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(2). Developing a means of rebuilding the victim's immune system.

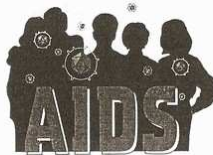
(3). Improving the treatment of the cancers and the infections that follow the breakdown of the immune system.

A major hurdle in treating AIDS is to find a compound that will kill the virus or infected host cells without destroying uninfected host cells. The problem lies in the nature of viruses. Unlike free-living bacteria, which has the capacity to multiply on their own, viruses can only produce inside living cells. Viruses carry their own genetic code but need biochemical functions provided by the 'host' cell to produce new viruses. HTLV-III has a particular linking for a subclass of lymphocytes called T-cells, blood cells that are responsible for initiating and regulating immune functions in the human body. The continuous use of strong medicines causes serious side-effects.

To the allopaths (conventional doctors) a "side-effect" is an undesirable characteristic of the drug. But to the homeopaths, all the drug-actions are important. The primary effects are the "drug-symptoms" (including the side-effects) to be matched to the "patient-symptoms" to be treated with that particular drug. In this manner, homeopaths make the treatment specific to the individual.

Homeopathic remedies have been successfully and quickly treating virus caused diseases for nearly two centuries. In homeopathy, the "symptoms" of AIDS and ARC (AIDS, Related Complex) patients are extremely important to the homeopathic doctor. For treating AIDS, the homeopath must make the remedies "specific" for each patient according to his symptoms and not rely upon the disease name.

We (homeopaths) truly want to help the AIDS / ARC patients rebuild the patients damaged immune



In homeopathy, the "symptoms" of AIDS and ARC (AIDS, Related Complex) patients are extremely important to the homeopathic doctor

system. AIDS can largely be treated with existing Homeopathic remedies. These remedies work by stimulating the body's own healing power (immune system), and have anti-viral effects without having any side-effects. Constitutional remedies are selected based on totality of the symptoms of the patient. Homeopathic remedies are always safe, always effective.

Homeopathy is, indeed, the only available curative treatment for chronic diseases (equally effective in acute diseases) like obesity, arthritis, gout, asthma, diabetes, bronchitis, stomach ulcers, colitis, constipation, diarrhoea, gonorrhoea, syphilis, herpes, impotency, skin diseases, high blood pressure, migraine, piles, sleeplessness, fear, anxiety, depression, abuse of alcohol or narcotic drugs etc.

LADIES PROBLEMS: Pelvic inflammatory diseases (P.I.D.), vaginal discharges, menstrual disorders, infertility, continuous heavy bleeding, dryness or painful sex, itching, cysts/fibroids, lack of sexual desires etc. In homeopathy a patient is treated as a whole, a patient has to disclose all his diseases and feelings from head to toes.

Dr. Narinder (Homeopath) can be reached at the Homeo Cure Clinic along Ngara road near Fig Tree Hotel on Tel: 020 3755111, 0722 722105, 0733 541708.

LETTER FROM A PATIENT

I imagined about Homeo Cure Clinic, that it could be like any other mushrooming clinic to cash on peoples desperation in seeking cures of the HIV / AIDS and other incurable chronic diseases. I wanted to give it (Homeopathic Medicine) a try since : I was diagnosed with HIV positive in 2001. I am strong willed and I thought if other people have lived with HIV and AIDS for long, I would join them.

I visited Dr Narinder's HOMEEO CURE CLINIC. I explained my condition as follows:

- * HIV positive,
- * Pneumonia (frequent attacks),
- * Chest pains,
- * Type-2 diabetes characterized by high blood sugar.
- * Very smelly yellowish vaginal discharge,
- * Mouth soreness,
- * Nose blockage,
- * Painful, watery and red eyes,
- * Tired easily (fatigue),
- * Sad always, irritable & lacked confidence.

I have taken homeopathic medicines for only one month, and I am encouraged by the results. I walk briskly without feeling tired or fatigued, smelly vaginal discharge is gone, blood sugar level is stabilized, pneumonia and chest pains are gone, eyes are better. I am on my second month of medication and I have this to say to Dr Narinder, may GOD continue to give you wisdom.

Ruth Muchiga - NAIROBI

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