

Treating Mental Diseases with Homeopathic Medicines



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The stresses imposed by our modern society are the root causes of mental problems. The end result is that many hospital beds are occupied by mental patients. Tranquillizers are given, which gives slight relief. In reality, **most mental diseases are actually bodily diseases**. Certain mental and emotional symptoms are peculiar to every bodily disease. These symptoms develop more or less rapidly and become predominant over all other symptoms, and are finally transferred, like a local disease, into the invisibly fine organ of the mind where by their presence, they seem to obscure the bodily symptoms. To treat the patient, a homeopathic physician will ask all physical symptoms which prevailed before the disease assumed the mental form. The symptoms are very essential.

Our medical researchers have known (found) millions of things in human blood and have many more to find. Therefore, using instruments, machines like x-rays, scan or testing somebody's blood, sputum, urine, stool, etc is not enough to know the real cause of the disturbance in the patient. To know the patient in whole, a physician has to know a patient's feelings about fears, anxiety, confusion, hatred, love, desire for weeping, sleeplessness, sudden sinking in the abdomen, hysteria, delirium, suspicions, epilepsy, irritability, anger, taking everything in bad faith, lack of confidence, loneliness, impatience, etc.

DEPRESSION (Melancholia) : The patient has less interest and pleasure in life and dreads effort and responsibility. The mood is of anxiety, grief and misery. The future is foreseen as hopeless. He thinks that he is a chief sinner, and that nobody cares about him. So he goes into a corner to hide himself. Suicide is the greatest danger in depression. Thoughtlessly, the patient gets into fight. This mental condition is a recurring disease accompanied by severe insomnia (sleeplessness), lack of interest in sex, sadness, lack of concentration, memory weakness, easy weeping, loss of appetite and absence of warmth in social

contacts. Menstruation may also lessen or cease. Narrow interests, marked by religious-affectations are equally often manifested.

MANIC DEPRESSION : It represents a persistent, profound elevation in moods that may last from days to months. This is accompanied by chronic fatigue, sleeplessness, increase in energy than usual (aggression), decisiveness, hallucinations, thinking distortion, pessimistic attitude, tendency to become less talkative or more talkative than usual, excitability, hyper-sexuality without recognition of possibility of painful consequences, reckless driving, inappropriate laughing or joking etc.

Homeopathic remedies – Anacardium, Arsenicum, Belladonna, Hyoscyamus, Lycopodium, Nux-vomical, Stramonium etc

ANXIETY : Is the state of anticipation of something unpleasant about to happen. The mood ranges from uneasiness to panic-stricken terror or nervousness. Thinking is troubled, and shows itself in speech which is full of embarrassment or disquiet. Stammering is noticed among timid and over anxious people. The patient fears a lot that enemies are waiting to tear him. There may be sudden attacks of panic in which the patient aimlessly wanders about with endless agitation, ringing of hands, rubbing the face, etc. Sleep becomes full of nightmares and terror into which he suddenly awakes. Patient's heart beats are very fast, he sweats, his limbs tremble, experiences dryness of mouth, chest pains, lightness in the head, nausea, sudden urge to pass urine or stool, etc. During anxiety attacks, fear (phobia) is present, such as fear of crowd, speaking in public-meetings, fear of death, disease, dark places and examination. Physical diseases may cause anxiety, for example: hyperthyroidism, insulin reactions in diabetic patients, adrenal tumors, etc.

Remedies – Aconitum, Argentum nitricum, Bryonia, Nitricum acidum, Sulphur etc.

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HYSTERIA : Its more common in women. These people often have a history of failed relationships. They have a great need to draw attention to themselves. They manifest extremes of emotions within minutes, such as exaggerated cheerfulness and friendliness quickly replaced with hostility or aloofness. They laugh easily and cry easily at the same time. Others have lack of self-confidence and feeling of inadequacy. Tendency to trust too quickly sets them up for disappointment. They behave immature, childish and dramatic. They are self-centered, usually dependent on others and always attention seeking. A stylish appearance is common, often seductive.

Remedies – Aurum met, Causticum, Lachesis, Nux-m, Tarentula-his, Veratrum etc.

PARANOID DELUSIONS : Paranoid state is especially likely to occur in people who have been of a suspicious turn of mind. The patient believes that he is surrounded by hostile forces which watch him and secretly try to do him harm. They hide things, because they feel they are surrounded by thieves. Some patients even call in the police for protection. Hallucinations and delusions are mingled. Common complaints include that their food is poisoned, greedy heirs are driving them out of their possessions, etc. They are hypersensitive, rigid, excessively defensive and exhibit hostility in general. They lack humor, kindness and warmth in behavior. Persecution complex leaves them resentful, jealous, brooding and with fixed ideas.

HALLUCINATIONS : In this state of mind, a patient sees frightful visions of ghosts, evil spirits, people behind him, ugly horrible faces, devil chasing him, nightmares and evil powers taking control of his whole body. He feels like he has committed unpardonable crime or a sin, and talks to unseen people. He broods over small and imaginary things, speaks filthy or abusive language, hears voices of people, ringing bells, etc. Religious hallucinations render him see as if he is God or he communicates with God. He is obsessed with failure, delusions of murder, death and dead people. His nightmares entail flying in air or swimming in water, his body enlarged reduced to become much smaller.

Remedies – Arsenicum, Anacardium, Belladonna, Hyoscyamus, Phosphoric acidum, Sabadilla, Stramonium, Sulphur etc.



Thoughtlessly, depression patients get into fight

MASTURBATION / SPERMATORRHOEA :

Masturbation is the habit of sexual excitation by friction of the genitals (self-abuse) under the influence of morbid imaginations, or from excitement occasioned by the use of impure books or conversations. Spermatorrhoea is the involuntary seminal emission during sleep or other times. It's causes may be irritability of the bladder or urethra, indigestion with constipated bowels, irritation in the rectum (worms), prolapsus of anus, sexual excesses and disease of the brain or spinal cord. Spermatorrhoea can cause depression, breathlessness, irritability, weakness of memory, enfeebled intellect, back pain, indigestion, palpitation, sunken eyes, stunted growth, impotence, etc.

Remedies - Anacardium, Apis mellifica, Carbo veg, China off, Gelsimum, Lachesis, Origanum majorana, Phosphorus, Staphisagria, Thuja etc.

CHILDREN : They are also subject to mental disorders with physical symptoms. Generally, they suffer from bed wetting, nail-biting, thumb-sucking, sleep-talking or walking, stammering, mental retardation and feeble-mindedness.

The medical treatment of the above mentioned mental symptoms involves the administration of homeopathic medicines on the basis of local and general symptoms of individual cases. Carefully chosen homeopathic remedies will make you well.

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